NORTHAMPTON PARKSSARCOREATION DEPARTMENT

NORTHAMPTON PARKS & RECREATION

TEEN EXPEDITIONS



Session 3: July 8-July12- GOOD, OLD FASHION, SUMMER FUN

Monday, 7/8	Tuesday, 7/9	Wednesday, 7/10	Thursday, 7/11	Friday, 7/12
ORIENTATION HIKE	COPPER HILL FOOT GOLF	LOOK PARK JFK Pool	ERVING	SONNY'S PLACE
MT. SUGARLOAF We will begin the week with ice breakers and other games, a hike with lunch at Mt. Sugarloaf in South Deerfield, followed by an afternoon swim at Musante Beach in Leeds.	The day will be spent playing foot golf at Copper Hill Golf Course in East Granby.	The morning will start with biking to Look Park, where we will compete in activities and games, partake in various arts crafts, eat lunch, and possibly leave for a bike ride along the bike path before finishing our day with a lengthy yet leisurely swim at JFK to end the day.	The day will be spent swimming and playing games at Laurel Lake inside the state forest. There may be a brief, leisurely hike option.	The day will be spent at Sonny's Place in Somers, CT which has activities such as mini golf, a driving range, and go-karts.
 □ swim gear □ suitable shoes □ water □ lunch and snack □ bug spray □ sunscreen 	 □ suitable shoes □ water □ lunch and snack □ bug spray □ sunscreen 	 □ bike & helmet □ swim gear □ suitable shoes □ lunch and snack □ water □ bug spray □ sunscreen 	 □ swim gear □ suitable shoes □ lunch and snack □ water □ bug spray □ sunscreen 	 □ money for arcade/food (optional) □ suitable shoes □ lunch and snack □ water □ bug spray □ sunscreen